**Week 2 :**

***Quiz 1 :***

**Question #0**

Can you pass a Milestone if you do not complete your peer evaluation on time?

* No

**Question #1**

If the peer who was assigned your milestone doesn’t complete their evaluation, then:

* an ALX grader will grade it within the next few days following the evaluation deadline.

**Question #2**

Which platform does peer evaluation happen on?

* Savanna

**Question #3**

You will see the evaluation provided from a peer on your milestone submission:

* As soon as you peer has completed the evaluation.

**Question #4**

At least \_\_\_\_ words are required for written comments on your peer evaluation. These comments should be positive and helpful to your peer.

* 20

**Question #5**

Peer evaluation is due each week by when?

* Wednesday 11:59pm GMT

**Question #6**

When doing your peer evaluation, you must check your peer’s submission on every criteria (item) in the rubric.

* True

***Quiz 2:***

**Question #0**

What is the recommended minimum time for moving each day?

* 20 minutes

**Question #1**

If you schedule time in advance for when you will move, then:

* you will be more likely to do it.

**Question #2**

We’ve challenged you to 7 days of movement of any kind for at least 20 minutes each day. Let’s hear your response…

Do you accept the Movement Challenge? Will you move for 20 minutes daily for the next 7 days?

* Yes, I’m in!

**Question #3**

You should write down how much you move each day, because you will be reporting on this in Milestone # \_\_.

* 2

**Question #4**

Having a strong commitment to a goal increases the likelihood of:

* Fulfilling the goal

**Question #5**

Does it matter what type of movement you do?

* No, you can pick any kind of movement that you enjoy.

***Quiz 3:***

**Question #0**

What is the average age on the African continent?

* 19

**Question #1**

Which is the following is NOT a way that The ALX Fellowship accelerates the careers of young professionals?

* Guaranteed employment

**Question #2**

* To connect 2 million young Africans with dignified employment by 2030

**Question #3**

Which is NOT one of the 5 keys to being a successful fellow?

* Let ALX and The ALX Fellowship take the lead on your career

**Question #4**

What are the 3 pillars (main offerings) of the ALX Fellowship?

* Career Support, Lifelong Learning, Perks

**Question #5**

What do we believe is Africa’s greatest resource?

* People

**Question #6**

What is the ALX Fellowship?

* A platform to accelerate your career and your impact

***Quiz 4:***

**Question #1**

What is represented by the roots of the tree in the metaphor share in the content?

* Values and Character

***Quiz 5:***

**Question #0**

Which of these is a type of empathy? Make sure you select all of the correct options (There may be more than one!)

* Cognitive

**Question #1**

What is empathetic problem solving?

* Understanding and feeling another’s perspective while solving a problem

**Question #2**

What is human-centered design (HCD)?

* The process of designing technology solutions that meet the needs and expectations of users

**Question #3**

In the empathy article by Daniel Goleman, what reason does NOT make empathy particularly important today as a component of leadership?

* The promotion of solutions

**Question #4**

In the Lifehacker video titled, “The Importance of Empathy” video, how do we practice empathy?

* Active listening

**Question #5**

Why is empathy important in technology?

* It helps build meaningful connections with colleagues and users

**Question #6**

According to Bene Brown, empathy is \_\_\_\_\_\_ with people.

* Feeling

**Question #7**

In Lifehacker, “The Importance of Empathy” video, what is our version of reality limited by?

* Our senses

***Quiz 6:***

**Question #0**

How many students in Eastern and Southern African countries were out of school for some period of time due to COVID-related school closures?

* 160 million

**Question #1**

What is one solution being implemented to address the education problem in Africa?

* Heavy investment in education by organizations like the Mastercard Foundation

**Question #2**

According to the text, what is**not**mentioned as some of the biggest challenges facing women?

* No access to oil resources

**Question #3**

What is the Women in Tech Initiative?

* A commitment by ALX to address gender inequality in Africa

**Question #4**

Which of the following is a concerning figure mentioned in the State of Global Education Update regarding education in Sub-Saharan Africa?

* 9 out of 10 children in the region are unable to read and understand a simple text by the age of 10

**Question #5**

What is NewGlobe known for?

* Supporting national governments in creating technology-enabled education systems

***Quiz 7:***

**Question #0**

What percentage of international trade did tourism account for before the COVID-19 pandemic?

* 10%

**Question #1**

What impact did the COVID-19 pandemic have on tourism jobs?

* A loss of 20 percent (62 million jobs)

**Question #2**

What is the difference between physical artwork and NFT art?

* NFT art is tokenized in the blockchain while physical artwork is not

**Question #3**

What are the risks associated with the potential benefits of tourism?

* Social and environmental risks, which need to be managed to maximize net-positive benefits

**Question #4**

Which of the following statements correctly defined the difference between eTourism and Smart Tourism?

* eTourism is about using technology to facilitate the tourism experience, while Smart Tourism is about using digital technology to optimize and improve the sustainability of tourism.

**Question #5**

How can tourism benefit poor and rural/isolated communities?

* By creating product demand and business opportunities

***Quiz 8:***

**Question #0**

What is self-awareness?

* Conscious knowledge of oneself

**Question #1**

Bad decisions are due to\_\_

* An imbalance between emotions and logic.

**Question #2**

Why is self-knowledge important?

* To act out lessons learned and improve

**Question #3**

\_\_ is one of the 4 simple aspects of emotional intelligence.

* Using emotions

**Question #4**

A good way to build self-awareness is to

* Meditate and reflect on the day

**Question #5**

What is one of the greatest challenges of cultivating self-awareness?

* Stopping yourself before engaging in default reactions

**Question #6**

Self-improvement is

* A practice and a muscle that grows with time and effort

***Quiz 12:***

**Question #0**

Which factor was the highest predictor of success for Spelling Bee (spelling competition) contestants?

* Grit

**Question #1**

What evidence is there that growth mindset is important?

* In a study with a math computer game, students who were rewarded for process gave more effort and used more strategies than students who were rewarded for correct answers.

**Question #2**

Duckworth discusses several populations who have been studied in regards to their grit. Which population does Duckworth NOT mention being studied?

* Beauty pageant contestants

**Question #3**

How do brains behave when they are in fixed vs. growth mindset?

* Brains in growth mindset show a lot of activity when confronted with an error.

**Question #4**

Which of the following statements about **fixed mindset** is true?

* Students who adopted a fixed mindset were more likely to see their failures as indicators that they were not smart, rather than as opportunities to learn.

**Question #5**

What is grit?

* Perseverance in the face of challenges

**Question #6**

What is growth mindset?

* Holding a belief that one’s intelligence and abilities can grow through dedication and hard work.

***Quiz 13:***

**Question #0**

Bad decisions are due an imbalance between

* Reasoning and emotions

**Question #1**

One practical step in self-regulation for leaders is a 360 assessment. What is the benefit of conducting a 360 leadership assessment?

* It highlights your leadership capabilities and identifies areas for development

**Question #2**

What are the biggest mistakes in dealing with feelings?

* Ignoring them

**Question #3**

What is the difference between self-awareness and self-regulation?

* Self-awareness is understanding the impact of your behavior on other people, while self-regulation is making adjustments to your behavior for the betterment of a situation

**Question #4**

What does it mean to be objective when looking at a past situation?

* To acknowledge what you did well and note areas where you could have improved

**Question #5**

Decisions are a combination of

* Emotions and logic

**Question #6**

Fogg’s format is used to

* Build new tiny habits

***Quiz 14:***

**Question #0**

What is an example of an ethical issue that can arise in the development of artificial intelligence (AI)? (*Check all that apply*)

* AI can be used to monitor and track people’s online activity without their consent.
* AI can be designed to be intentionally biased towards certain groups of people.

**Question #1**

What is a potential ethical issue that can arise in the development and use of autonomous vehicles?

* Autonomous vehicles can be designed to prioritize the safety of passengers over pedestrians.

**Question #2**

Strong AI \_\_

* Simulates the human brain.

**Question #3**

From the video you watched, natural language processing and match learning are examples of\_\_

* Artificial intelligence

**Question #4**

What is a potential ethical concern regarding the use of facial recognition technology in public places? (*Check all that apply*)

* It could be used to track and monitor people without their consent.

**Question #5**

What is a potential ethical concern regarding the use of drone technology?

* Drones can be used to spy on people without their knowledge or consent.